

Goal 1: Improve Perinatal Health (See data for regional objectives on pages 1-4)

Regional Objective 1:1- Reduce smoking during pregnancy and Regional Objective 1:2- Increase planned and initiated breastfeeding

Tuscola Objective I	5- Reduce prenat	al exposure to dru	igs/opioids					
Perinatal Region 3-N	Trend		State Comparison					
	Better	Worse	Better	Worse				
Huron	1003.3	850	8	NA	 			~
Lapeer	1567.7	2420	32	NA		~		~
Sanilac	1032.6	1240	8	NA		~		~
Tuscola	788.8	1631	13	NA		~		~
Thumb Region	1098	1535	61	547.5	~	*	~	

Tuscola Objective 1:5- Reduce prenatal exposure to drugs/opioids

Data Source: Michigan Health and Hospital Association Service Corporation via special request from the Michigan Department of Health and Human Services *Trend data for three year averages indicates a worsening trend. However, the Thumb rate for 2019 appears to have improved.

Goal 2: Reduce Adolescent Health Risks (See data for regional objectives on pages 1-4)

Regional Objective 2:1- Decrease the use of tobacco and nicotine delivery devices by adolescents

Huron – Tuscola Objective 2:3- Decrease adolescent pregnancy

Rate of births to Teens per 1,000 Females Ages 15-19							Trend		mparison
	2013-2015	2014-2016	2015-2017	2016-2018	2017-2019	Better	Worse	Better	Worse
Michigan	21.4	19.4	17.8	16.6	15.7	~		NA	NA
Huron	19.9	18.0	17.3	16.3	13.2	~		~	
Lapeer	15.3	13.1	12.4	12.4	12.6	~		~	
Sanilac	21.0	22.6	23.1	20.3	19.0	~			~
Tuscola	24.6	23.4	22.0	22.5	20.8	~			~
Thumb Region	20.2	19.3	18.7	17.9	16.4	~			~

Data Source: Great Start Data Set; Michigan Dept. of Health-Human Services; https://vitalstats.michigan.gov/osr/chi/IndexVer2.asp

Goal 3: Reduce Chronic Disease Deaths (See data for regional objectives on pages 1-4)

Regional Objective 3:1- Decrease deaths from cardiovascular disease; Regional Objective 3:2- Decrease use of tobacco and nicotine delivery devices by adults; and Regional Objective 3:3- Decrease obesity

Huron – Tuscola Objective 3:4- Increase colorectal cancer screening.

% of Adults Ha	% of Adults Had Appropriately Timed Colorectal Cancer Screening						State Comparison	
	2014 2016 2018 2020					Worse	Better	Worse
Michigan	71.7%	69.7%	73.6%	75.6%	\checkmark		NA	NA
Thumb Region	75.6%	69.7%	73.6%	71.7%		\checkmark		\checkmark

Data Source: Michigan Department of Health and Human Services; MDHHS special request for Thumb rate. Numbers for county rates too low to calculate rates.

Lapeer – Tuscola Objective 3:5- Decrease deaths from diabetes

Age Adjusted	Age Adjusted Diabetes- Mortality Rates/100,000							State Comparison	
	2005-2007	2008-2010	2011-2013	2014-2016	2017-2019	Better	Worse	Better	Worse
Michigan	27	24	24	23	22	\checkmark		NA	NA
Huron	18	27	24	27	20	 		 	
Lapeer	24	23	21	19	19	\checkmark		\checkmark	
Sanilac	42	42	25	25	26	\checkmark			\checkmark
Tuscola	24	23	19	20	16	\checkmark		~	
Thumb Region	27	28	22	23	20	\checkmark		\checkmark	

Data Source: Michigan Department of Health and Human Services; https://vitalstats.michigan.gov/osr/chi/IndexVer2.asp

Goal 4: Reduce Infectious Disease (See data for regional objectives on pages 1-4)

Regional Objective 4:1- Increase adult immunization

Goal 5: Reduce Impact of Substance Use Disorders (See data for regional objectives on pages 1-4)

Regional Objective 5:1- Reduce substance use disorders

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Goal 6: Reduce Injuries among Adults

Regional Objective 6:1-Reduce alcohol impaired accidents and Regional Objective 6:2- Decrease incidence of senior injuries **Tuscola** Objective 6:3- Reduce the incidence of violent crime.

Violent Crime	Rate	Trend		State Comparison				
	2009-2011	2010-2012	2012-2014	2014 & 2016	Better	Worse	Better	Worse
Michigan	478	464	444	443	~		NA	NA
Huron	124	123	169	163		~	~	
Lapeer	157	156	164	187		~	~	
Sanilac	202	196	241	264		~	~	
Tuscola	172	177	232	273		~	~	
Thumb Region	164	163	202	222		~	~	

Data Source: Uniform Crime Reporting-FBI; www.countyhealthrankings.org

Goal 8: Improve Mental Health

Huron – Tuscola Objective 8:2- Reduce the incidence of suicide

Suicide Death	Suicide Death rates/100,000						Trend		State Comparison	
	1995-1999	2000-2004	2005-2009	2010-2014	2015-2019	Better Worse		Better	Worse	
Michigan	10.3	10.4	11.2	12.6	14.0		~	NA	NA	
Huron	13.6	12.9	16.8	14.6	25.2		~		~	
Lapeer	10.3	10.8	10.2	17.7	14.7	No clea	r trend		~	
Sanilac	13.9	11.5	10.7	18.8	13.9	No clear trend		~		
Tuscola	13.6	15.6	14.1	13.1	18.9		 		~	
Thumb Region	12.9	12.7	13.0	16.1	18.2		~		~	

Data Source: Michigan Department of Health and Human Services; https://vitalstats.michigan.gov/osr/chi/IndexVer2.asp

Goal 9: Increase Oral Health

Sanilac – Tuscola Objective 9:1- Increase access to oral health services

Dental Provid	Dental Provider Rates- Lower Indicates Greater Access						Trend		mparison
	2015	2016	2017	2018	2019	Better	Worse	Better	Worse
Michigan	1420	1380	1360	1340	1310	~		NA	NA
Huron	1990	1850	1840	1830	1820	~			~
Lapeer	2160	2010	1960	1910	1900	\checkmark			\checkmark
Sanilac	3460	3450	3440	3430	2740	\checkmark			\checkmark
Tuscola	2830	2810	2780	2920	2750	\checkmark			\checkmark
Thumb Region	2610	2530	2505	2523	2303	\checkmark			\checkmark

Data Source: HRSA; <u>www.countyhealthrankings.org</u>

Goal 10: Increase Overall Health & Wellness

Tuscola Objective 10:1- Increase residents reporting good health

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% reported physical health not good > 14 days							Trend		mparison
	2014-2016	2015-2017	2016-2018	2017-2019	2018-2020	Better Worse		Better	Worse
Michigan	16	9	10	14	13	No clear trend		NA	NA
Huron	17	8	*	*	*	No clear trend		NA	NA
Lapeer	16	10	12	18	21		 Image: A second s		
Sanilac	14	14	12	19	16	No clear trend			~
Tuscola	19	14	*	14	12	 Image: A set of the set of the		~	

* Indicates too few of cases to calculate a rate.

Data Source: Michigan Department of Health and Human Services; http://www.michigan.gov/mdhhs/0,5885,7-339-71550 5104 5279 39424-134707--,00.html

